



## OPTI RACE TEAM

### **8-Week Session    June 28 - August 20**

This is a "BYOB" (Bring Your Own Boat) program open to OPTI sailors who have obtained their White Sail Levels I to III and who would like to race.

The focus will be on practicing acquired skills, boat and sail tuning, learning racing tactics, wind strategy, racing rules and theory. These young sailors will be participating in regattas and will be accompanied by their coach. Our goal is to improve the developing athlete's boat handling skills while they gain greater confidence in competitive situations. All sailors in this program are expected to participate in Thursday night dinghy fleet racing and will be coached at a minimum of 3 selected provincial / inter provincial level regattas.

Parental assistance will be required to travel to out-of-town regattas. Parents are part of the team and are expected to chaperone and/or tow trailers for regattas.

**Program fee: \$925**

**Non-member program fee: \$1045 \***

**Quebec Sailing Federation(FVQ) training fee: \$5**

**Maximum 8 Participants**

#### **Note - Race Team Fees**

Fees indicated in the racing programs include coaching costs only. Regatta fees, transportation, out-of-town accommodation, meals and expenses incurred in conjunction with participation are not included.

Fees must be paid in full at the time of registration, or may also be made in two payments, prior to May 1.

The fee includes a \$250 non-refundable deposit.

#### **FEES ARE NON-REFUNDABLE after June 1st, 2010**

\* Due to the limited number of available spaces, priority will be given to applications received from HYC members. Applications from non-members will be placed on a waiting list and confirmed should spaces remain after March 31, 2010.